Technical data

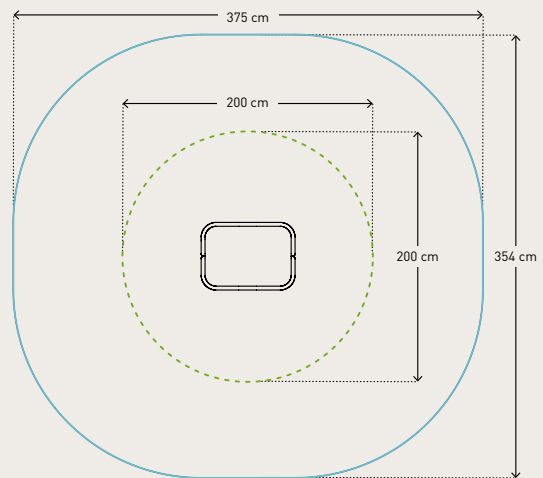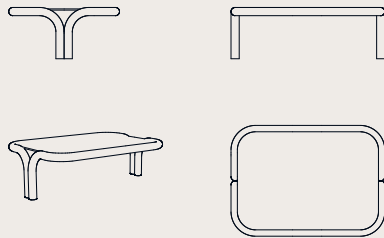## Product no.: no-003
SPIRER BOX - H25

Dimension in cm: L75 x W54 x H25 cm
Material: Steel
Corrosion class: C4
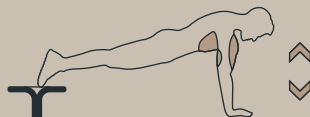**Surface treatment:** Rust-protected and powder-coated

Area of movement:
Training space:
Free height of fall: 25 cm
Fall protection required: None
According to: EN 16630:2015

375 cm

200 cm

200 cm

354 cm

Please note:

As a general rule, the green lines – – – are not allowed to overlap each other. However the blue lines —— can overlap both the blue and the green lines, BUT there cannot be any solid or hard objects inside the blue circle. (Trees, stones, other fitness equipment, etc.)

EXERCISES / STRETCH OUT

NOORD

Technical data

Product no.: no-004

SPIRER BOX - H45

Dimension in cm:	L75 x W54 x H45 cm	**Area of movement:**	
Material:	Steel	**Training space:**	
Corrosion class:	C4	**Free height of fall:**	45 cm
Surface treatment:	Rust-protected and powder-coated	**Fall protection required:**	None
		According to:	EN 16630:2015

Please note:

As a general rule, the green lines – – – are not allowed to overlap each other. However the blue lines ——— can overlap both the blue and the green lines, BUT there cannot be any solid or hard objects inside the blue circle. (Trees, stones, other fitness equipment, etc.)
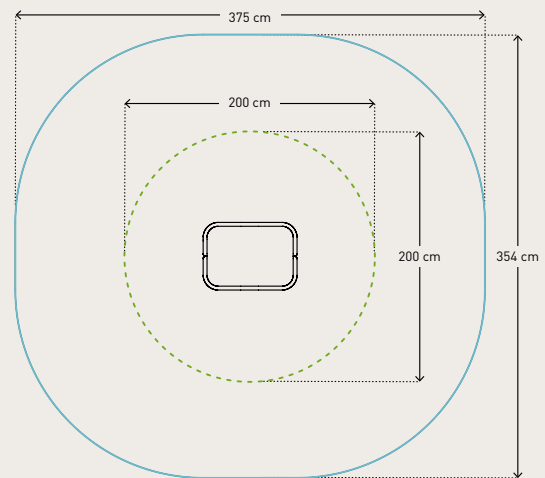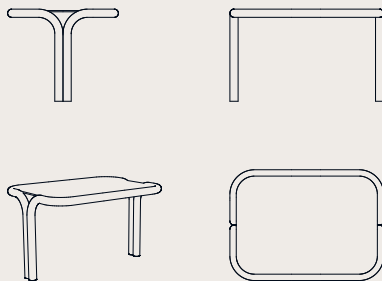
EXERCISES / STRETCH OUT

NOORD

Technical data

Product no.: no-005
SPIRER BOX – H60

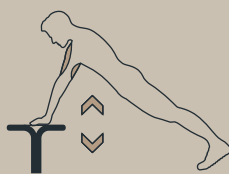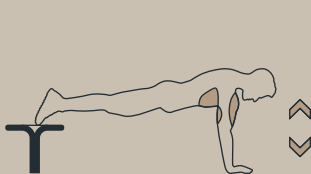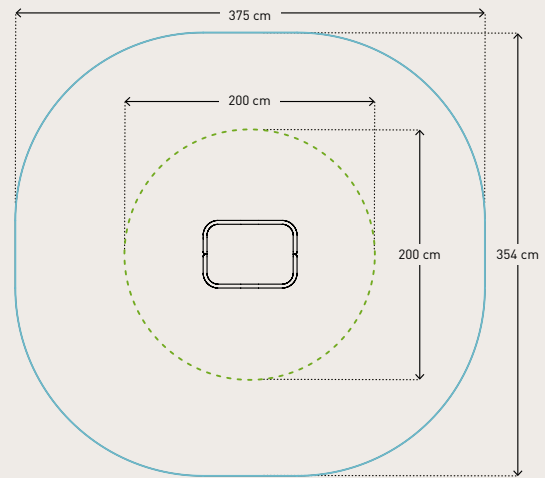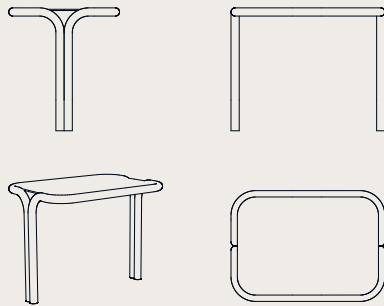|	
Dimension in cm:	L75 x W54 x H60 cm
Material:	Steel
Corrosion class:	C4
Surface treatment:	Rust-protected and powder-coated

Area of movement:	
Training space:	
Free height of fall:	60 cm
Fall protection required:	None
According to:	EN 16630:2015

375 cm

200 cm

200 cm

354 cm

Please note:

As a general rule, the green lines – – – are not allowed to overlap each other. However the blue lines ——— can overlap both the blue and the green lines, BUT there cannot be any solid or hard objects inside the blue circle. (Trees, stones, other fitness equipment, etc.)

EXERCISES / STRETCH OUT

NOORD